

Paul D. Refior (“Rafe”)
347 N Buffalo St
Warsaw IN 46580
574/269-6649
E-Mail: paul@refior.com
Website: www.refior.com

Husband

Wife

Your Marriage Survey

Your willingness to thoughtfully, carefully, and completely fill out this survey is a good first step to show your intention to work toward the improvement of your marriage. Please do not rush through answering this survey. Please answer your questions in as much detail as possible. Our communications among the three of us will remain confidential, so please feel free to be as open and honest as you can be. I am asking that you **NOT** discuss your answers to the survey, or show your completed survey, to or with your spouse at this time. Instead, I ask that you actually mail the surveys to me separately to insure that they have not been exchanged or shared prior to our discussions. There will be a time when we will be exchanging them. Therefore, before mailing the completed surveys back to me, ***please make a photocopy for yourself and continue to keep it private from your spouse until directed otherwise.*** In addition to mailing back the survey, please send me a photograph of the two of you, or if you do not have one, please send your two individual photographs. I am entering into this process prayerfully and I will be transferring your photograph(s) into my prayer notebook. Thank you.

(Use backsides of pages to expand your answers if more space is necessary).

1. Full Name _____
2. Address _____
3. Telephone Numbers (home, work, cell) _____
4. Email Address _____

5. ***By checking this box and signing my signature, I hereby verify before the Lord and to you that I have carefully and completely read the Pre-Marriage-Counseling Reading Materials.***

Date: _____ **Signature** _____

6. On a scale of 1 (low) – 10 (high) circle how you rate your marriage (overall).

poor 1 2 3 4 5 6 7 8 9 10 super-great

7. On a scale of 1-10 circle how you think your spouse would rate your marriage (overall).

poor 1 2 3 4 5 6 7 8 9 10 super-great

8. Rate yourself on controlling anger 1 (poor) to 10 (excellent).

poor 1 2 3 4 5 6 7 8 9 10 excellent

9. Rate your spouse on controlling anger.

poor 1 2 3 4 5 6 7 8 9 10 excellent

10. In your marriage who has the stronger, more assertive personality.

Husband Wife

11. (Remember to be honest) On average how much time do you spend in serious Bible study per day? _____

12. (Remember, God knows the truth) On average how much time do you spend in serious prayer per day? _____

13. On average, how many times per week do you specifically pray for your spouse? _____

14. How happy are you about your marriage?

unhappy 1 2 3 4 5 6 7 8 9 10 happy

15. During the past month, through yesterday, did you carry a photo of your spouse in your wallet, purse or money clip?

Yes No

15. Do you pray with your spouse?

Yes No

16. What area(s) or aspect(s) of your marriage relationship do you hope can be improved?

17. What about yourself or your actions do you hope can be changed or improved in order to improve your marriage? _____

18. What about your spouse or his/her actions do you hope can be changed or improved in order to improve your marriage? _____

19. What topics relating to marriage do you hope we will cover or you suggest that we should address during the upcoming marriage counseling sessions? _____

20. What specific questions do you want to be answered during the upcoming marriage counseling sessions? _____

21. What are some things or activities you have read about or heard about, that other couples have done that you appreciated because it showed special love or attention? _____

22. What are some things or activities you have read about or heard about that you appreciated because they were very romantic? _____

23. What is something your spouse did for/or with you while dating and/or within the first two years of marriage that you appreciated because it showed attention, affection or caring, but for some reason your spouse no longer does it for or with you? _____

24. Why did you fall in love with your spouse? _____

25. What are three goals you would like to set for your marriage (between now and when you go to heaven)? _____

26. How romantic are you?
 Not much 1 2 3 4 5 6 7 8 9 10 Very
27. How romantic is your spouse?
 Not much 1 2 3 4 5 6 7 8 9 10 Very
28. What are two things that could make your marriage more fun? _____

29. As you have observed, read or listened, what are six things that could hurt or destroy any marriage? _____

30. What decade of life do you think or predict to be the best?

- teens
- 20's
- 30's
- 40's
- 50's
- 60's
- 70's
- 80's

31. At the present time in your marriage, what, if anything, is an obstacle to or distraction from you and your spouse having quality time together, or effective communication between you? _____

32. If any, what about your spouse, or his/her ways, is an aggravation or disappointment to you? _____

33. How fearful or how free are you to talk with your spouse about your love-making with him/her?

fearful, hard to talk about 1 2 3 4 5 6 7 8 9 10 very open, discuss freely

34. How satisfied are you with your intimacy/love-making with our spouse (including the frequency, activities, etc.) ?

pretty unsatisfied 1 2 3 4 5 6 7 8 9 10 very satisfied

35. I would like to better understand the Bible's teaching about _____

36. Rate how "good" is your communication with your spouse.

poor 1 2 3 4 5 6 7 8 9 10 excellent

37. Referring to your marriage, how true is the following statement: “My spouse and I laugh a lot together?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
38. Referring to your marriage, how true is the following statement: “My spouse and I keep Jesus Christ in the center of our relationship?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
39. Referring to your marriage, how true is the following statement: “Neither my spouse nor I is selfish?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
40. Referring to your marriage, how true is the following statement: “Neither my spouse nor I speaks harshly at or to other?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
41. Referring to your marriage, how true is the following statement: “We strive to fill and maintain our Biblical roles and we are comfortable in those roles?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
42. Referring to your marriage, how true is the following statement: “In our real life, my spouse and I treat each other as equals?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
43. Referring to you, how true is the following statement: “I do not nag my spouse?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
44. Referring to your marriage, how true is the following statement: “I never call my spouse a demeaning name?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
45. Referring to your marriage, how true is the following statement: “We absolutely trust each other?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true
46. Referring to your marriage, how true is the following statement: “My spouse and I are each the best friend of the other . . . bar none?”
- not very true 1 2 3 4 5 6 7 8 9 10 very true

47. Referring to your marriage, how true is the following statement: “My spouse and I do not fight about money or financial matters?”

not very true 1 2 3 4 5 6 7 8 9 10 very true

48. Over the past year what have you and your spouse done together that was just plain fun?

49. What is something you would like to do in the future with your spouse to have fun together? _____

50. How often do you go out on “a date” with your spouse? _____

51. List 2 or 3 three things you and your spouse do on a “date.” _____

52. How happy are you?

not very happy 1 2 3 4 5 6 7 8 9 10 extremely happy

53. Do you really want to participate in marriage counseling? How much?

no 1 2 3 4 5 6 7 8 9 10 yes

54. Describe your own personality and temperament. _____

55. Describe the personality and temperament of your spouse. _____

56. How many times (if any) do you and your spouse get into an argument each week? _____

57. List the 4 or 5 most frequent things you and your spouse argue about. _____

58. List the 4 major reasons why you believe your marriage relationship is strained or is not what it should be. _____

59. List 3 to 5 things that you believe your spouse should change or improve in, in order to enhance your marriage or help to fix your marriage problems. _____

